

Tender Hearts Family Child Care Center Non-Infant Menu

Spring/Summer Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cheerios Cereal Bananas Milk	Waffles Bananas Milk	Pancakes Strawberries Milk	Cheerios Cereal Cantaloupe Milk	French Toast Orange Slices Milk
AM Snack	Pineapple WG Crackers Water	Strawberries Bagels Water	Orange Slices Rye Bread Water	Colby Cheese Crackers Water	Cantaloupe Bagels Water
Lunch	Peanut Butter & Jelly Sandwich on White Bread American Cheese Slice Strawberries Cucumber Milk	Ham Salad Sandwich on Wheat Bread Orange Slices Pickles Milk	Brats on WG Bun Baked Beans Potato Salad Milk	Bologna (Beef) Sandwich on Wheat Bread Strawberries Pickles Milk	Sloppy Joes on WG Bun Green Beans Carrots Milk
PM Snack	Cantaloupe Rye Bread Water	Pineapple Rye Bread Water	Pineapple Bagels Water	Cucumber Crackers Water	Colby Cheese Crackers Water

HM ~ Homemade

WG ~ Whole Grain Rich

CN ~ Child Nutrition Labeling

Children one year of age are served Whole Milk

Children ages two and older are served 1% Milk