



Tender Hearts Newsletter



June 2026

Important dates in June

- June 4 Andy and Brittany B.'s Anniversary
- June 9 Ian and Haylee B.'s Anniversary
- June 14 Flag Day
- June 15-19 Tender Hearts is closed for vacation
- June 21 Happy Father's Day First Day of Summer
- June 23 Josh and Kristin R.'s Anniversary
- June 29 Andy B.'s Birthday

Topics for June

The topics for May are: Farm/Farm Animals, Flag Day, Father's are Special, Summer, and Independence Day.

What we did last month

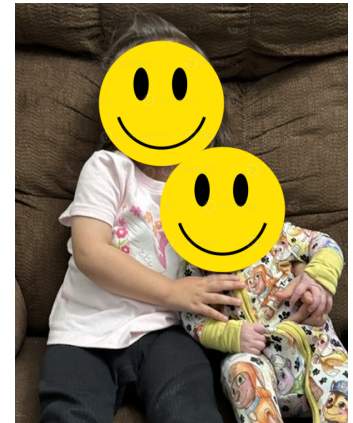
A few things we did were: we made Mother's Day gifts for the special Moms. In recognition of Armed Forces Day, we made a special Armed Forces Day book for Robbie and Andy's dad who is currently in the military. We made a pom pom, a paper chain, and egg carton caterpillars. We made a coffee filter butterfly with eye droppers. We watched tiny caterpillars grow into beautiful butterflies and then released them outside. We played with the camping gear, and put up a tent in the back yard and went camping. We even made smores.

Conferences

I want to thank you for participating in the Parent/Provider Conference. It was so nice to have that one-on-one time with you.

Welcome

We welcome Andy and Brittany B. and their children, Zaylee and Kennedy, to our childcare family. Zaylee is three years old and Kennedy is 4 months old. They started on June 1st and will be here full time. They are so sweet.



Update

In August of this year, we will also welcome Archer's baby sister to our childcare family. So, I currently do not have any openings at this time. My next anticipated opening for a new family will be the Fall of 2028.



Happy Father's Day

Wishing all the Fathers a very Happy Father's Day on June 15th. We hope you will have a fantastic day! You deserve it!

Daycare Cookout

Tim and I will host a daycare cookout on Saturday, July 4th from 11:00—1:00pm. All families are welcome including grandparents, other family members, and anyone that helps support our daycare! There is nothing to bring except your appetites. Please let me know how many people from your family will be attending so Tim and I can plan accordingly. Hope to see you there!



Summer Time Thirst - Water Please

[Michelle Mirizzi](#) • MS, Registered Dietitian



summer months.

With all the summertime activities kids will be thirsty. That means they will need more water. The American Association of Pediatrics has recommended that children and teens drink water for hydration. They have also recommended staying away from drinks that have sugar and/or caffeine like energy drinks, sports drinks and sodas.

A lot of children will think they are hungry but all they really need to do is drink some water. Water has zero calories and is the perfect drink to keep your child hydrated during the hot



Promote Water As The Main Drink For Summer

With all the summertime activities and hotter weather kids will be extra thirsty. Make an effort to keep water as the main beverage for your kids all summer long.

- Keep the refrigerator stocked with bottles of water or have water bottles available to fill up with cold water.
- Send children to summer camp with a filled water bottle.
- If your child is doing outdoor sports during summer time, teach them to drink a few sips of water every 15-20 minutes.
- Teach children to drink water before they are thirsty.
- Juices, fruit punch and sodas can have a lot of added sugar and empty calories - keep these drinks for a special occasion.

